



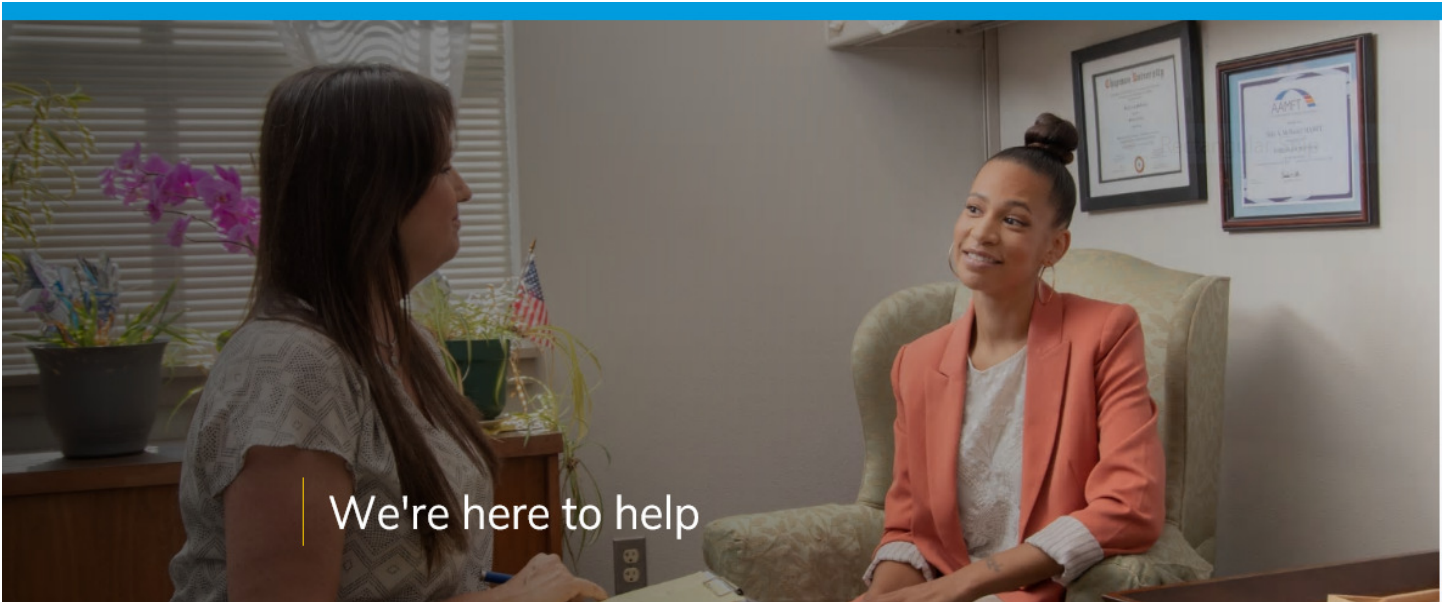
MultiCare Behavioral Health Network

Navos Hospital

2019 Community Health Implementation Strategy

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Our Hospital and the Community Served

About Navos Behavioral Health

Navos Behavioral Health is part of the MultiCare Behavioral Health Network. There are three main campuses including a freestanding, 3 story, behavioral health hospital with 70 inpatient beds. The hospital provides services to adults ages 18 and over with focus on psychiatric care for those individuals who are most often involuntary committed. Navos serves the residents of King County, however, can accept and assist other residents within different counties of Washington.

The Mental Health and Wellness Center is located in Burien and provides outpatient mental health and SUD services to all ages.

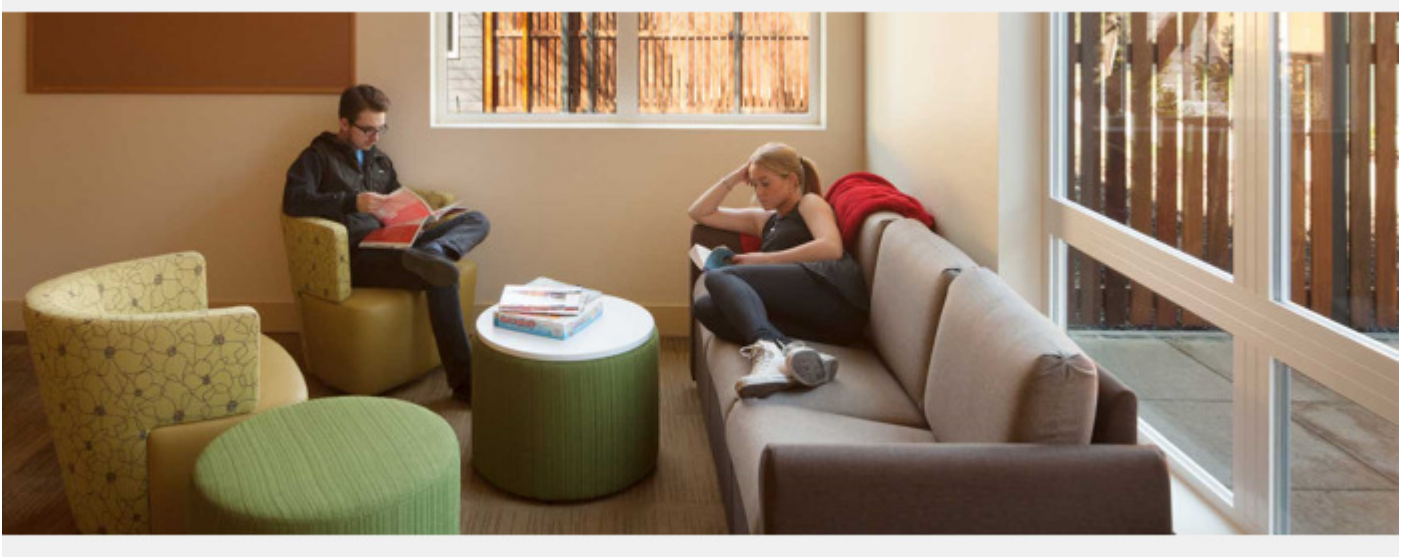
The Residential Treatment Facility for adolescents is also a CLIP facility, located on Lake Burien and has 24 beds to treat adolescents aged 12-18.

There are also residential facilities for adults located in Seattle, which are ECS, HighWest and Midland

Our Mission:

Mission: Partnering for a healing and healthy future

Vision: Building partnerships to create a behavioral health system of care that delivers opportunities for hope and recovery.



Description of the Community Served

Navos is in Seattle, WA. The entirety of King County was used as the service area for Navos. A summary description of the community is below. Additional details can be found in the CHNA report online.

King County includes 2.26 million residents, mostly White (72%), followed by Asian (18%), Hispanic (10%), Black (8%) and Multiracial (6%), with an increasing number of adults aged 25-34 years.

King County residents experience poverty at the rate of 10.2%, lower than Washington State of 12.2%. The percentage of community members living with a disability was 6.2%, which is lower than state average.



Community Assessment and Significant Needs

Navos participated in the King County Community Health Needs Assessment in a collaborative manner with all other organizations. The report presents a detailed description of the community, analyses of data on life expectancy and leading causes of death, and a review of levels of chronic illness throughout King County. In addition, this report provides quantitative information about additional community health needs that were identified by the HHC.

Additional detail about the needs assessment process and findings can be found in the CHNA report, which is publicly available at:

<https://kingcounty.gov/depts/health/data/community-health-indicators/~//media/depts/health/data/documents/2018-2019-Joint-CHNA-Report-Executive-Summary.ashx>

Significant Health Needs

The community health needs assessment identified the following significant community health needs:

1. Mental health & substance use disorders
2. Access to care & transportation
3. Physical health with a focus on obesity, cancer, & diabetes
4. Housing & homelessness

Significant Needs That Navos Does Not Intend to Address

Navos will address 3 of the priority health areas listed above. Due to the specialized nature of Navos, the organization does not have the capacity or the expertise to address obesity, cancer, and diabetes. Navos will refer any client to MultiCare Health System for those issues.



2019 Implementation Strategy

This section presents strategies and program activities that Navos intends to deliver, fund or collaborate with others to address significant community health needs over the next three years. It summarizes planned activities with statements on anticipated impacts and planned collaboration.

This report specifies planned activities consistent with Navos' mission and capabilities. Navos may amend the plan as circumstances warrant. For instance, changes in community health needs or in community assets and resources directed to those needs may merit refocusing Navos' resources to best serve the community.

The anticipated impacts of the activities on significant health needs are summarized below, and for select program initiatives are stated in Program Digests. Overall, Navos anticipates that actions taken to address significant health needs will: improve health knowledge, behaviors, and status; increase access to needed and beneficial care; and help create conditions that support good health.

Creating the Implementation Strategy

Navos is dedicated to improving community health and delivering community benefit with the engagement of its leadership team, board, clinicians and staff, and in collaboration with community partners. The implementation strategies were developed by leadership with input from Navos board members.


Comments and Accessibility


The Navos Community Health Needs Assessment and Implementation Strategy can be found at www.navos.org. Comments on any of the strategies listed can be sent to Navos at 2600 SW Holden St. Seattle WA 98126. A hard copy can be found at the hospitals administration office.


Strategies by Health Need

The tables below present the strategies and program activities that Navos intends to deliver to help address significant health needs identified in the CHNA report.

They are organized by health needs and include statements of the strategies anticipated impact and any planned collaboration with other organizations in our community.

 Health Need	Mental Health and Substance Use Disorder Treatment
Assessments	Continue to offer initial drug/alcohol assessments
Intakes	Respond to intake referrals within 24 hours for inpatient and 72 hours for outpatient
Treatment	Increase access to mental health therapist and certified SUD team
Anticipated Impact	Increased access to mental health and SUD treatment

 Health Need	Access to Care
Financial Assistance	Continue to support charity care for any needed patient
Capacity	Continue to maintain hospital census and improve access to outpatient care
Telehealth	Improve access to care through telehealth services offered by mental health therapist
Anticipated Impact	Expanded access to care

 Health Need	Housing
Access	Respond to referrals for housing within 5 business day
Capacity	Continue to maintain full housing census
Anticipated Impact	Increased access to housing
Partnership	Work with King County Housing Authority and Shelters

Navos Hospital Board of Directors

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