



Healthy
MIND



Healthy
BODY



Healthy
COMMUNITY



Providing
HOPE,
HEALING &
WELLNESS



Ruth Dykeman
Children's Center



navos™
Healthy Mind. Healthy Body. Healthy Community.



NAVOS.ORG

"Navos helped me every step of the way." —NAVOS CLIENT

Providing WELLNESS and RECOVERY to the most vulnerable people in our community.

MISSION

Navos is committed to transforming the quality of life of people vulnerable to mental illness and substance use disorders by providing a broad continuum of care.

We believe that diversity, inclusion and equity are vital to living our values and achieving our mission.

VISION

A healthy community in which people thrive while managing symptoms of mental illness and substance use disorders.

DEAR FRIEND OF NAVOS,

2016 marks the 50th anniversary of the founding of Navos. Together with our legacy partner organizations, Seattle Children's Home and Ruth Dykeman Children's Center, we have collectively provided more than 275 years of service to the most vulnerable people in our community.

Understanding of, and treatment for mental illness have advanced significantly since Navos began in 1966. With the developments of new ways to facilitate healing, we now know that Recovery happens with treatment and support.

As we move forward, our work is guided by our three strategic initiatives: creating the Best Place to Work, continuing our commitment to Clinical Excellence and strengthening our Financial Sustainability.

Treatment works, and the earlier the behavioral health challenge is diagnosed and treated, the better chance for recovery, for stopping the progression of mental illnesses and substance use disorders into adulthood, and for a healthy future.

While great progress has been made, there is still much work to be done! As Navos continues to tirelessly advocate for those not fully empowered, we are dedicated to ensuring that Navos is an employer, provider and community partner that promotes diversity and champion's inclusion for all.

Thank you for being a supporter of Navos programs and for your concern for treating mental illness and substance use disorders and creating hope, healing and a healthy future for vulnerable children, youth and adults in our community.

Together, we can make the next 50 years just as innovative and dedicated to wellness as the last 50!

Thank you for being a caring person and joining with us to support and sustain critical programs and services for the most at risk in our community, giving them the help they need and hope for a healthy future.



Thanks for all the good you help make happen,

David M. Johnson, Ed.D., LMHC
Chief Executive Officer

"I have hope for my future, thanks to Navos." —NAVOS CLIENT



Family Health Center Project received 2015 Community Impact Development of the Year award

NAVOS' FAMILY HEALTH CENTER OPENED ON LAKE BURIEN

Thank you to our community for your generous support, helping to create a home-like atmosphere and sanctuary that promotes healing and wellness.

1 in 4 young adults aging out of foster care will be homeless

INDEPENDENCE BRIDGE

Supported 30 young adults, ages 18-24, most transitioning from foster care, with their own furnished studio apartment, life skills and other critical support services.

90% of people with serious mental illness are unemployed

EMPLOYMENT SERVICES

118 adults with serious mental illness increased their employability and self-sufficiency.

1 in every 5 adults experience a mental illness

ADULT INPATIENT FACILITY

986 adults with severe mental illness received treatment enabling them to return to the community.

1/3 of the homeless population are people with serious, untreated mental illness

HOUSING

Provided housing and support services for 267 adults with serious mental illness who would otherwise be homeless, in jail or using emergency rooms for psychiatric care.

INFANT AND EARLY CHILDHOOD MENTAL HEALTH PROGRAM AGES 0-5
Helped 214 vulnerable babies and very young children and their parents/caregivers to form secure, nurturing attachments and break cycles of abuse and neglect.

RESIDENTIAL TREATMENT PROGRAM FOR CHILDREN AGES 6-12
Supported healing for 24 children removed from their homes due to abuse and neglect.

RESIDENTIAL TREATMENT PROGRAM FOR YOUTH AGES 13-18
Treated 26 teens with serious mental illness to develop skills to manage their mental and behavioral challenges so they may be successful in their lives.

OUTPATIENT SERVICES FOR CHILDREN, YOUTH & ADULTS

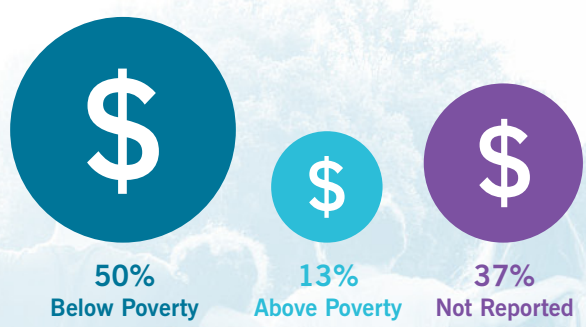
Helped 1,821 children and youth with emotional/behavioral disturbances develop coping skills to manage their mental health.
Supported 214 parents/caregivers to establish a safe and functional home for their child who was physically abused/neglected or were at imminent risk of physical abuse/neglect.
Helped 4826 adults recover from the challenges of mental health issues to achieve their potential for self-sufficiency and wellness.

"I would not be here today if it weren't for the caring staff at Navos." —NAVOS CLIENT

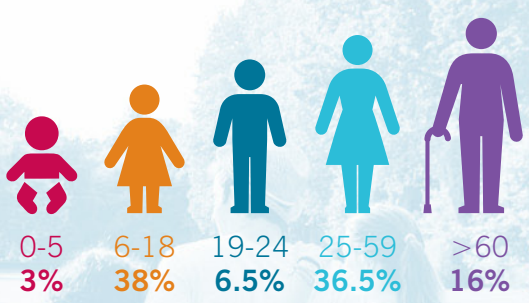
TOTAL SERVED



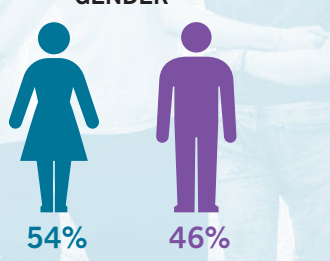
INCOME (VS. NATIONAL POVERTY LEVEL)**



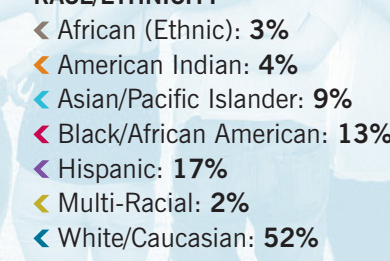
CONTINUUM OF CARE FOR ALL AGES—



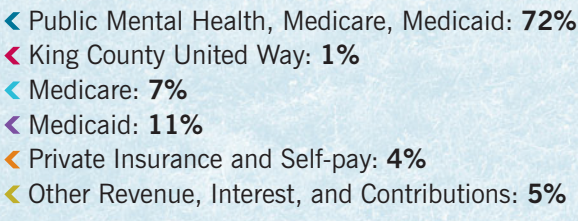
GENDER



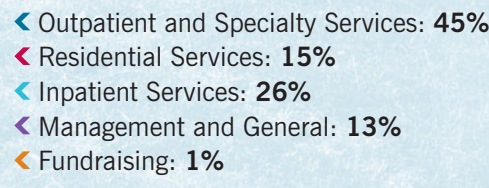
RACE/ETHNICITY



TOTAL REVENUE: \$58,995,000



VALUE TO THE COMMUNITY: \$60,136,000



*In collaboration with our consortium partners | **\$23,850 for a family of four

"I found my life again thanks to Navos." —NAVOS CLIENT

INDIVIDUALS

- List of donor names and their contribution amounts, categorized into several income brackets: \$25,000+, \$10,000-\$24,999, \$5,000-\$9,999, \$2,500-\$4,999, \$1,000-\$2,499, and UNDER \$1000.

INDIVIDUALS

- List of donor names and their contribution amounts, categorized into several income brackets: \$150-\$499, \$100-\$149, and UNDER \$100.

We are grateful to the individuals, families, corporations and foundations for their investment in sustaining our mission, programs and services.

THIS LIST REFLECTS GIFTS MADE BETWEEN JANUARY 1 AND DECEMBER 31, 2015



- List of names and their names in memory of, including individuals like Lucy and Michael Glenn, Nersisa Go, and many others.

MEMORIALS AND HONORARIUMS

- List of names and their names in memory of, including individuals like Emile Beux, Nikhil Bhorin, and others.

2015 BOARD OF DIRECTORS

- List of names of the 2015 Board of Directors, including Matt Mihlon, President, and others.

- List of corporate and foundation donors, including AAA Washington, Alpine Ascents International, AmazonSmile Foundation, and others.



- List of names and their names in memory of, including individuals like Boeing Employee Individual Giving Program, Bradson Consulting, and others.

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- List of names and their names in memory of, including individuals like Moss Adams, LLP, David M. Johnson, and others.

- List of names and their names in memory of, including individuals like USI Insurance, Vanguard Charitable Endowment Program, and others.

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