



in every community



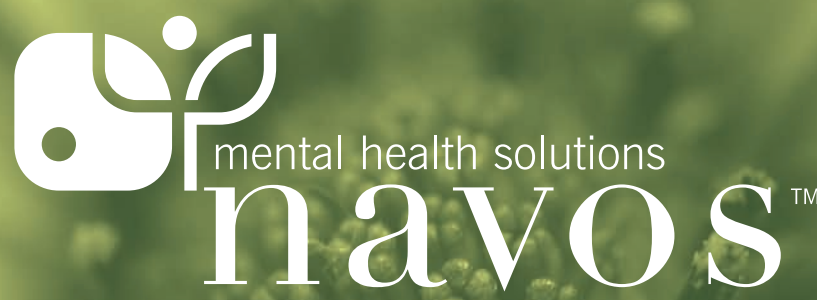
there is work to be done



in every heart



there is the power to act



2014 Report to Our Community

Providing **HOPE** through a full spectrum of services to the most vulnerable in our community.

DEAR FRIEND OF NAVOS,

After forty years of working with the most vulnerable people in our community, I am glad that in our county, state and across the nation, we are experiencing the most significant improvements in the identification and treatment of psychiatric symptoms. Through a well-planned set of initiatives at every level there is momentum to invest wisely in systems of care that produce measurable outcomes that increase wellness, functioning, and self-sufficiency. These initiatives address multiple determinants of health, not just accommodating genetic predisposition and not just traditional medical services.

Within the greater landscape of the full spectrum of healthcare, Navos' specialty niche is treating mental health and substance use disorders, especially for those living in poverty with the most serious and persistent illnesses. Navos works diligently to be a vital member of the greater community's increasingly coordinated network of services and opportunities to create health and self-sufficiency for all in our area.

At Navos, when we diagnose serious mental illnesses and substance use disorders, we are confident that we can help our clients learn to manage the symptoms and eventually focus their energy on the gratifying aspects of life like learning, working, loving, giving, and creating. The people who seek help from us are often desperate, dealing with several concurrent and discouraging problems. Our inpatient programs make the difference between death and life. People come to our inpatient psychiatric facilities determined to kill themselves, and often within weeks they have become re-focused on living, with hope to thrive again one day.

One area that sets us apart as a community mental health provider is that our continuum of programs and services are vast. The coordinated care we provide — whether for an infant, an adolescent, an adult or the most elderly person — is rooted in best practices, pragmatic assistance, and at times creative, encouraging and hopeful experiences.

Being connected to Navos means you have chosen to be a part of our community of resiliency and recovery. You have chosen to share your resources to make a difference in the lives of children, youth and adults, many living in poverty, who have huge challenges that we can in fact address and overcome. Your commitment to Navos makes it possible for us to transform lives, providing services we know will be successful.



Thanks!
David M. Johnson, Ed.D.
 David M. Johnson, Ed.D., LMHC
 Chief Executive Officer

P.S. Community support is vital to continuing to operate our free critical programs for low income children, youth and adults who not only treat immediate mental and emotional health issues to enhance their quality of life, but also prevent their problems from worsening. To make a safe, tax deductible contribution to sustain these programs, use the enclosed envelope, go to navos.org and donate securely online, or call Briony Ball 206-933-4087.

MISSION

Transforming the quality of life of people vulnerable to mental illness and addictions by providing a broad continuum of care

VISION

A healthy community in which people thrive while managing symptoms of mental illness and addictions

2014 Outcomes

INFANT AND EARLY CHILDHOOD MENTAL HEALTH PROGRAM AGES 0-5

Helped 205 vulnerable babies and very young children and their parents/caregiver to form secure, nurturing attachments and break cycles of abuse and neglect with in-home Child-Parent Psychotherapy, parent education and support, and case management.

1 in 4 young adults aging out of foster care will be homeless

INDEPENDENCE BRIDGE

Young adults, ages 18-24, most transitioning from foster care, have their own furnished studio apartment and are receiving life skills and other support services.

RESIDENTIAL TREATMENT PROGRAM FOR CHILDREN AGES 6-12

Supported healing for 31 children removed from their homes due to abuse and neglect. They received treatment and support services in a structured, safe and caring environment.

90% of people with serious mental illness are unemployed

EMPLOYMENT SERVICES

126 adults with serious mental illness increased their employability and self-sufficiency by improving their job skills, gaining work experience, developing a resume, and practicing their interview skills.

RESIDENTIAL TREATMENT PROGRAM FOR YOUTH AGES 13-18

In our home like atmosphere, treated 23 teens with serious mental illness including depression, anxiety, substance abuse disorders, suicide ideation, and self-harm, to develop skills to manage their mental health and behavioral challenges.

INTEGRATED PRIMARY CARE CLINIC TO TREAT THE WHOLE PERSON

Because adults with serious mental illness die 13 – 24 years before their cohorts from preventable diseases, Navos is one of the first in the nation to create a "Patient-Centered Health Care Home" in partnership with Public Health – Seattle & King County. Providing a medical clinic within a mental health center integrates behavioral healthcare, primary care, health education, and chemical dependency services, improving the lives of over 950 people since its opening in October of 2012.

NEW TREATMENT CENTER ON BUCOLIC LAKE BURIEN

Construction was completed for the new Behavioral Healthcare Center for Children, Youth & Families on Lake Burien. The Seattle Children's Home programs from our Queen Anne campus relocated to the new campus, where services for vulnerable children and youth continues.

1 in every 5 adults experience a mental illness

ADULT INPATIENT FACILITY

1,105 adults with severe mental illness received treatment enabling them to return to the community.

1/3 of the homeless population are people with serious, untreated mental illness

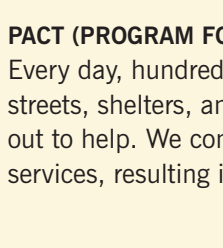
HOUSING

Supported housing and support services to 254 adults with serious mental illness who would otherwise be homeless, in jail or using our emergency rooms for psychiatric care.



NEW TREATMENT CENTER ON BUCOLIC LAKE BURIEN

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PACT (PROGRAM FOR ASSERTIVE COMMUNITY TREATMENT)

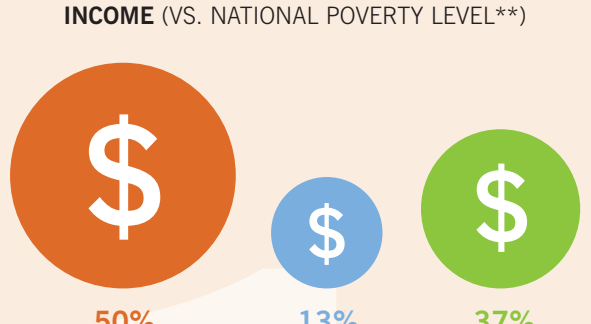
Every day, hundreds of severely mentally ill Seattle residents make their homes on the streets, shelters, and greenbelts of the city. Our multi-disciplinary PACT team reaches out to help. We connect homeless individuals with housing, treatment, and wraparound services, resulting in fewer people on the street, in jail, and in state hospitals.

Demographics Served

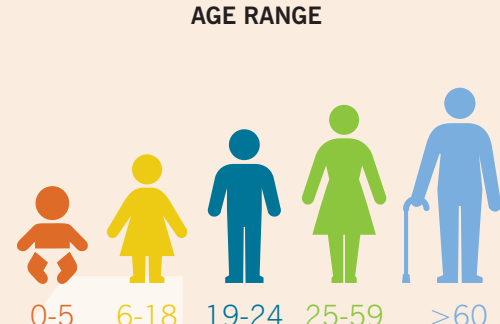
TOTAL SERVED



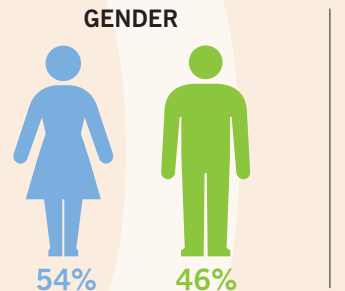
INCOME (VS. NATIONAL POVERTY LEVEL**)



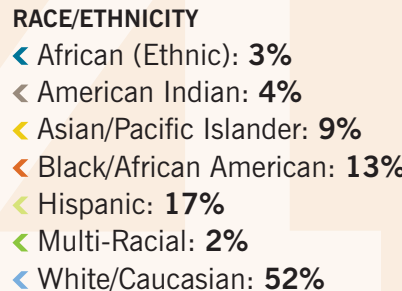
AGE RANGE



GENDER

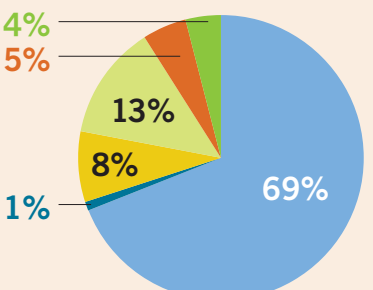


RACE/ETHNICITY

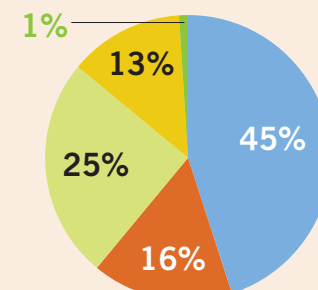


"I have Navos to thank for who and where I am today."

Financial Information



TOTAL REVENUE: \$58,807,000
 < State and County Public Mental Health: **69%**
 < United Way: **1%**
 < Medicare reimbursement: **8%**
 < Medicaid reimbursement: **13%**
 < Private insurance and self-pay: **5%**
 < Other revenue, interest, and contributions: **4%**



TOTAL VALUE TO THE COMMUNITY: \$58,128,000
 < Outpatient and Specialty Services: **45%**
 < Residential Services: **16%**
 < Inpatient Services: **25%**
 < Management and General: **13%**
 < Fundraising: **1%**

*In collaboration with our consortium partners | **\$23,850 for a family of four

Donors

We are grateful to the individuals, families, corporations and foundations for their investment in sustaining our mission, programs and services.

THIS LIST REFLECTS GIFTS MADE BETWEEN JANUARY 1 AND DECEMBER 31, 2014

INDIVIDUALS

- \$25,000+**
 Anonymous
 Dr. Thomas Lonner and Elizabeth Ward
 Judy Pigott
- \$10,000-\$24,999**
 Bobbe and Jon Bridge
 Charles F. and Marie Hoffman
- \$5,000-\$9,999**
 Len and Leslie Brennan
 Nat and Poo Penrose
 Sally Belarogon
 Patti and Eugene Neuberger
 Frederick and Janice Tompkins
- \$2,500-\$4,999**
 Anonymous
 Vivian Everts
 Dave Gwinn and Karen Pederson
 Nicholas and Diane Loveloy
 Ted and Jan McCaughey
 Alana and Peter Morris
 Margaret Niles and Stephen Garratt
- \$1,000-\$2,499**
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 Stephanie and Tom Barden
 Jerry Bell and Arnetta Libby
 Sally Belarogon
 Daniel Benson
 Martha Mayes Boes and David Boes
 Dana Bogness
 Alice Braverman and Patrick Kafer
 Catherine and Lori Buchsbaum
 Teresa "Trez" and Michael Buckland
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 Grant and Nancy Silvermale
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 Abe Forehand
 Aiden Garrett and Charlie Eriksen
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 Carey Family Foundation
 Carl Hossman Family Foundation
 Catholic Health Initiatives
 Centene Management Company LLC
 Center for Spiritual Living
 Chapter G of PEO
 City of Burien
 City of SeaTac
 City of Seattle – Employee Giving Combined Campaign
 Combined Federal Campaign
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 Betsy and Kevin Jones

"Nobody at Navos turned their back on me, even in my darkest moments."

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 In Honor of David M. Johnson
 Dan Price
 In Honor of Eric Inoué
 Lisa Schultz
 In Honor of James Peterson

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 2600 South Holden Street
 Seattle WA 98126
 206 933 7000

BURIEN CAMPUS
 1210 SW 136th Street
 Burien WA 98146
 206 241 0990

LAKE BURIEN CAMPUS
 1033 SW 152nd Street
 Burien WA 98166
 206 242 1698



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 Bravo Branding
 BRN Engineering, Inc
 Brooks Powers Group
 C.E. Stuart Charitable Foundation (Trust)
 Carey Family Foundation
 Carl Hossman Family Foundation
 Catholic Health Initiatives
 Centene Management Company LLC
 Center for Spiritual Living
 Chapter G of PEO
 City of Burien
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 Heartlands of King County
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 J.R. Abbott Construction, Inc
 Karr Tuttle Campbell
 Kawabe Memorial Fund
 Kerry Oliver Guild
 Kid Katt
 King County
 King County Employee Giving Program
 King County Metro Transit
 Kipling Law Group, PLLC
 Kiwanis Club of White Center Youth Foundation
 Kroger
 M. J. Murdoch Charitable Trust
 Maritime Corp
 Mark & Susan Torrance Foundation
 Microsoft Matching Gift Program
 Miluna Foundation

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 Northwest Children's Fund
 Northwest Outdoor Center, Inc.
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 OneFamily Foundation
 Pacific Rim Financial
 Pacific Science Center
 Peg & Rick Young Family Foundation
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 Safeway Foundation
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 United Health Group-Employee Giving Campaign
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 United Way of King County
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 In Honor of David M. Johnson
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 In Honor of Eric Inoué
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